NAME: Colon Bacteroides  
**NEEDED:** In the gut  
**FUNCTION:** Helps break down food and send nutrients around the body

NAME: Micrococcus  
**NEEDED:** On your skin  
**FUNCTION:** Helps release oils to keep your skin soft and breaks down dead skin cells

NAME: Staphylococcus epidermidis  
**NEEDED:** In your nose  
**FUNCTION:** Helps protect your nose and lungs from bad germs that want to make you sick

To find out more about the germs in your body, check out *The Good Germ Hotel*  
Available in your local bookshop, on Amazon, or at www.whatonearthbooks.com